

Newsletter

International Baccalaureate
Diploma Programme

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VOL 7

A MESSAGE FROM OUR PRINCIPAL

Dear Students,

Understanding and expressing our emotions are an innate part of the human experience. What we think, say and believe; is how we perceive things, events and people around us. Perspective is like a tinted glass through which we see the world. Our experiences and encounters in day-to-day life help us build our outlook towards things and people and are a reason why we deal differently with different individuals and in different situations.



Let us be open minded, respect other people's opinions and share our own when required. Accepting everything without a doubt is not recommended, it dulls our minds and makes us followers rather than leaders; on the contrary, asking questions and finding answers lead us to a better understanding of why people have different perspectives. PERSPECTIVE is never fixed. It changes with personal experiences and exposures such as meeting and interacting with people, reading about various subjects, travelling to new places, learning about world cultures, lifestyles values and beliefs. The beauty of this world lies in diversity, to accept differences and see the uniqueness of each difference.

As teachers and students at school, we learn how perspectives differ and how it is formed. We learn to appreciate and accept that each individual is unique so we develop an understanding to nurture and deal with them with an open mind.

In life, we learn that knowledge is important to form an opinion and reflection leads to a new and better vision. Many of our problems are solved once we realize that people look different, think differently and act different. And the best way to live in harmony and peace is to agree to disagree with grace and understanding in times when required.

Remember dear students, a rainbow in the sky radiates seven colours, each complimenting the whole; our hand has fingers, each a different size and shape. So do not hesitate to be different and have a perspective that is yours.

MS. GIRDHAR KUMARI

PRINCIPAL

FROM THE DESK OF DPC

Welcome to our diverse learning community!



As you navigate our website, you will get to know us, our mission and the character of our school and see how we prepare our young students for a fulfilling life of personal success and academic excellence.

At Sanskar, we recognize that to prepare students for our increasingly complex and interconnected world, we must provide them with new ways of thinking and collaborating in solving our most pressing global issues. Our recent experiences with the pandemic have tested our ability to react with agility to challenging circumstances.

Our mission goes far beyond preparing students for good universities and prosperous careers; we want to create globally-minded and critical-thinking innovators ready to re-shape the world for the better. We develop the whole human being through the International Baccalaureate (IB) curriculum.

A confident young person is courageous in their willingness to question what they observe around them. A student who is able to take complex and often disparate knowledge, concepts and skills and forge these into new and unique ways of solving problems and adding value to their world.

We believe that learning should inform action and create an impact. We make learning relevant and exciting for students as we continually draw connections between what they learn in the classroom and the real world. Perhaps most importantly, we encourage our young minds to reflect on their learning - and to act on it in the service of others.

We are proud of our inclusive entry policy, which means students of all abilities are welcome here. Our academic results consistently place us among the top international schools of Jaipur, while our sports, music, drama and other activities are all of the highest quality.

We are a happy international learning community, flourishing in an extraordinary facility unique to Jaipur.

MS. MANISHA CHANDRA

IBDP COORDINATOR

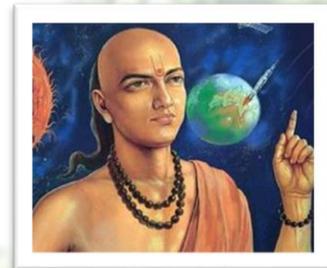
Indian Contributions to the world of mathematics

Once upon a time, Indians were undoubtedly the most extraordinary people and have contributed much to society. Many will debate which contribution was the greatest. Some might nominate the creation of chess; some will nominate the rich culture and heritage. Others might consider the architecture of Indian temples and cities as India's most incredible creations. However, the mathematical contributions were the greatest and the most important because these contributions have allowed the modern world to exist. The different contributions and inventions are:



Bhaskara, born in 1114, acknowledged that any number divided by zero is infinity, and the sum of any number and infinity is also infinity.

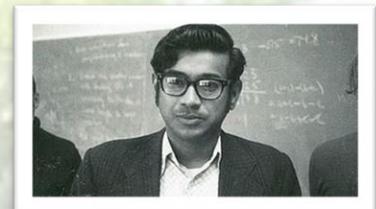
Aryabhata, born in 478 CE, created the number zero and worked on the place value system. He was also proficient in astronomy, discovered the position of 9 planets, and stated that the planets revolve around the sun, not the other way around.



Brahmagupta, born in 598 CE, introduced the concept and computing method of zero.

Srinivasa Ramanujan, born in 1887, contributions exceed that of his predecessor and include:

- Hardy-Ramanujan-Littlewood circle method in number theory
- Roger-Ramanujan's identities in the partition of numbers
- Work on the algebra of inequalities
- Elliptic functions



And many more

Innumerable people and mathematicians from India have redirected or helped reimagine the world of mathematics globally.

KARTIKEYA BENIWAL

IBDP YEAR-2

Indian Music and World

The music of India is as diverse as its many cultures. It comprises numerous genres, namely Indian classical music, eclectic folk music from different parts of the country, pop and most recently, rock and punk. The origin of Indian music is Indian classical, which can be dated back to ancient times and found in the oldest Hindu scriptures, The Vedas. The Samaveda is said to have laid the foundation for Indian music and consists mainly of hymns of Rigveda. Indian classical music is regarded as a means of self-realization and salvation, rather than other types of genres, which mostly means self-expression.

The soul of Indian music is the Raga which refers to the melody and tala (meaning rhythm), which we now know in western music as specific Scales. Hindustani musicians name these pitches using a system called Sargam, which is equivalent to the Western style Solfege-

Sa=Do

Re=Re

Ga=Mi

Ma=Fa

Pa=Sol

Dha=La

Ni=Ti

Sa=Do

The impact of Indian Classical Music became pronounced mainly during the mid-60s when popular bands, namely The Beatles, The Rolling Stones and many more in the west, started using quintessential Indian notes and instruments, notably the sitar and tabla. Western scales are one of the numerous ways of playing an Indian Raga.

The Ragas of Hindustani music are now becoming more popular in the western region, and people worldwide are recognizing and acknowledging it.

In Indian classical, particularly Hindustani music, we use traditional instruments like shenai, flute, tabla, mrdangam, kanjira and many more string instruments like Sitar and Veena. Guitar, a western musical instrument, is the evolution of Indian traditional string instruments like Tanpura or tambura, Veena, and Sitar.



India is blessed to have many gifted musicians, composers and singers who mesmerize people worldwide. These masters of music popularized the music of India to the world and immersed their audience like no other. There are many music legends in India.

Some of them include:

MS Subbulakshmi- Ms Subbulakshmi was a legendary Carnatic musician. Her rendering of bhajans was divine and used to enthral the listeners. She was popularly known as the Nightingale of India.



Lata Mangeshkar- A gifted artist and musical persona, she was among the few women to be awarded India's highest civilian award, Bharat Ratna. She was synonymous with the melody and contributed significantly to the music evolution in India and worldwide.



Zakir Hussain- Zakir Hussain is a classical table virtuoso and the most famous table player in India today. His contribution to the percussion field and the music world is appreciated.



The musical history of India is quite glorious.

Despite some Western influences currently, the content and structure of Indian music ensure that it will always shine. Present Rap music and contemporary movies are increasingly impacting young people. However, classical musical themes continue to enjoy popularity among the masses.

RISHI SRIVASTAVA

IBDP YEAR-2

How Yoga Conquered the World?

Yoga has unarguably taken over the world by storm. Its origin can be traced back to Northern India over 5000 years ago. A spiritual discipline followed by ancient Indian monks is now being followed by millions worldwide. An immeasurable number of people are following this discipline for relaxation and health. It is so popular that the United Nations recognizes June 21st as "International Yoga Day".



Now the question arises, "How did Yoga conquer the world?" It is a fact that Yoga provides multiple health benefits. It fixes posture, relieves stress, and the list goes on and on. However, Yoga's popularity is because it makes us feel good. This comes with the benefits mentioned earlier, but Yoga is a low-impact, incredibly effective and simple workout. It makes us feel healthy and gives us peace of mind without being tiring. Currently, my classmates and I are doing Yoga during the morning hours in school, and I have felt all the stress related to school work, etc., melt away.

Since the world is extremely fast moving nowadays and people are very busy with their lives, they often neglect their health and mobility.

This is where Yoga comes in. It relieves the pressure from our daily lives and improves our strength and mobility.

Yoga is one of how people can feel a sense of relief in their hectic lives. The discipline is rapidly gaining more and more followers worldwide due to its multiple benefits. As an Indian, this makes me incredibly proud and grateful to the individuals who aided in the spread of Yoga.

AKSHITA SWAROOP

IBDP- YEAR 2

"IF YOU CAN DREAM IT, YOU CAN DO IT"

BUSINESS TYCOONS

A business tycoon is a person who has dived into the deep ocean of business and successfully put the business on track and has substantial wealth and power when building a business empire. We can find many examples of business tycoons, such as Verghese Kurian, Dhirubhai Ambani, Jamsetji Tata, Azim Premji, N.R Narayan Murthy, and Mukesh Ambani. They all have one thing in common: their continuously great business ideas and innovation positively impact the economy or society. Even business tycoons have a hidden story that not everyone knows. What I mean by a hidden story is that they all have a struggling background. They all have put so much effort so that they could be a successful person and be good examples in the eyes of everyone. We can take Jamshedji Tata, who founded the Tata Group, as an example; he did many struggles when he was young and failed many times. Although he died in the year 1904, at last, he made his name by establishing the Tata Group. Shiv Nadar, Pallonji Mistry, and many more people have become an example in front of everyone. The counting is not limited.



Business is not a game that everyone can play it. Setting up a business requires hard work, dedication, and consistency. Furthermore, these all-business tycoons did the same. They all had a dream which did not let them sleep.



These all-Business Tycoons motivate the world never to choose the easy and comfortable way. If one has a dream and wants to accomplish it, he/she must have the ability to face the uncomfortable environment because early success is nothing but a scam. Great things take time.

DHRUV SONI

IBDP YEAR 2

Literature Beyond its Aesthetic

"What is wonderful about great literature is that it transforms the man who reads it towards the condition of the man who wrote."

E. M. Forster

Many believe that literature is mere books people read to pass an exam or by "nerds" and "geeks" for enjoyment. What we fail to understand is that literature has meaning beyond its text and is actually what is called "reading between the lines". Literature allows us to explore what it is to be human. It gives us not just one story but many

stories about the same cultural, historical, and political contexts, which helps us to formulate our opinion. It has given us the power to not blindly accept things the way they are but get into the roots of why they are.

Authors had often used literature to expose and explore the social issues their society faced when the texts were written. Literature has raised and brought societal issues that otherwise people of other nationalities, cultures, and ethical and social backgrounds would never know about. It has given people the liberty to express themselves freely without oppressive restrictions to millions of people. It has allowed people to speak up and initiate the change they want to see in the world.

The power of literature can be understood by some of the most prominent examples in history.

Who could have thought that literature would lead to a product ban?

Silent Spring by Rachel Carson- Carson was a renowned nature author and a former marine biologist. In 1958, she started working on her book, *Silent Spring*, to bring to the world the threats and long-term consequences of using DDT, the most potent pesticide ever known. The pesticide was described as "indiscriminate" because, unlike other pesticides, which could destroy one or two types of insects, DDT could destroy hundreds of kinds at once. This raised the concern that this pesticide could upset the economy of nature, and things could go out of kilter immediately.

Silent Spring took Carson 4 years to complete. It extensively described how DDT entered the food chain, accumulated in the fatty tissues of animals, including humans, and caused cancer and genetic damage. Controversies around the book's contents were anticipated, bringing a howl of indignation from the chemical industry but eventually paid off. President John F. Kennedy ordered the President's Science Advisory Committee to examine the issues that the book raised. This led to DDT being under close supervision of the Government. Consequently, all of this led to the national ban of DDT by the United States of America in 1972 and led to the creation of the U.S. Environmental Protection Agency. Worldwide it was banned by the 2001 Stockholm Convention on Persistent Organic Pollutants.



This is a classic example of how literature transformed into a form of power, starting from petty controversies to the involvement of the President and, finally, the ban of a product. It proves that literature is not just studying Shakespeare, a common misconception by many people. Literature CAN bring change. Literature CAN reform the way our society works. So, if you think literature exists just for reading, think again.

AISHWARYA KHANNA,

IBDP YEAR 1

"When Diplomacy Ends, War Begins"



What does politics actually mean? There is a stark contradiction between the theory of universal human rights and the everyday practice of human wrongs.

Poor governance is the relationship between those who govern the Government and those who are governed as a consequence of poor decision makings. These unfavourable conditions are created due to many reasons, such as Greed, bribery and corruption, which are one of the most common reasons why countries are no longer able to perform to their full potential as they should have. Due to all this, the country suffers a significant loss, such as heavy impacts on the per-capital growth. The citizens suffer too, as their choices and opinion are no longer mattered in front of the money. As public administration cannot provide many public services, the citizens do not recognize that their government is not legitimate, and then the state is or would become a failed state. To deal with poor governance, the country should target vulnerable services, expand choices, and align public laws and informal standards.

We can take a great example of the Ukraine and Russia war. The Russian leaders' main aim was to overrun Ukraine and to, bring down the Government and join the western defensive alliance NATO, but as he failed to capture the capital Kyiv, he turned his ambition to capture Ukraine's east and south sides.

The war could have been totally avoided, but the wealthy nations 'overslept'. If the wealthiest nation had helped finance Ukraine for reconstruction, the war might have been avoided, and it would have been possible to stop Russian aggression. In the missile attack, a four years old girl named Lisa was found dead next to a pram she was pushing 2 hours before the attack, which her mother had posted on social media.

REENA DHAKA

IBDP YEAR-1

"Speak up if you want to bring change to the world."

THE UNDEFINED GENDER NORMS

We live in a society where gender stereotypes are typically found and followed. We have created a generalized preconception about the roles of women and men. It influences a wide range of human behaviour, including the clothing a person chooses to wear, the profession a person pursues, and the personal relationships a person enters. For example, women are mostly expected to dress in a more feminine way and act polite and

shy, while men are expected to dress more masculine and act bold and robust. A famous line used and still is in some areas: "BOYS SHOULD NOT CRY". This toxic mentality is the one which makes us close-minded and refuses to accept something beyond our created stereotypes. Stereotypes about gender can cause unequal and unfair treatment because of a person's gender. Talking about this, gender identity and sexuality are very diverse and personal experiences. We have created that there can be love only between a man and a woman; however, this is not the case, a person can love whom they want, regardless of gender, but it is not so normalized globally. Also, research has shown that 1.3 million kids, roughly around 8% of all high school students in America, report being lesbian, gay, or bisexual. The seed of stereotypes is sown in education, and education is where the solution lies. Therefore, there should be a study of these stereotypes. The teachers play the main role here, they should be the ones to never state these imprecise norms, so that the children don't get to learn these things from a very young age, this will help them out to think broader and out of the box, besides teachers, parents are of paramount importance in this, the thinking of the child all depends on how the environment is in the house, for example, a good environment includes open-minded



people, supporting each other, updated to the latest knowledge and society thinking, whereas the lousy environment contains the exact opposite peculiarity, one thing that parents need to know is that a child living with supportive parents and caregivers is likely to be a happier child. No matter whatever your gender identity, be proud of yourself, and never hesitate to show your true colours to the world, be yourself and love the way you are. As a matter of fact, ignore society, one of them will always be against you, you cannot please everyone around you, be the better version of yourself, make yourself happy, that's all that matters in the last.

RINKI RANA

IBDP Y1

Speak up if you want to bring change to the world

Indigenous Societies

Indigenous Societies are a community of people on a large scale adapted habitat of native in early time according to their region. Indigenous societies are the only society that didn't accept modernism till this day. They are found in different regions and significantly allow themselves to promote historic beliefs over today's day generation modernization. They are found throughout the nation, for example, Nicobar in India, Lakota in the USA, and the Mayas in Guatemala.

Their technique to cure a disease is more or less like ours like they use much herbal stuff in their medication like Tulsi Neem and more. And we as modern humans want this type of medication for an era like covid.

People in indigenous society are also well known as tribal people, so, as we all know, education is crucial in every individual's life and so for tribal people. And they are coming for education to explore the world in the higher matter and not only for their community problems and conflicts.



And not only education, but tribal people are also telling us a lot of information and learning a lot of new things from us by grabbing the opportunity of 'Education'.

"All men were made by the same Great Spirit Chief. They are all brothers."

- White Elk

SIDDHI SHARMA

IBDP YEAR1

The role of humanity in global warming

The sky is warming! The sky is a warning! We have all heard that human activity impacts global surface temperatures, but have you ever wondered how? Most of us probably only know what global warming is, but are you aware of how our actions significantly impact it? The radiative balance of Earth, is "give and take" between what comes in during the day and what the Earth emits at night. The increase in greenhouse gases emitted by industry and transportation causes the atmosphere to retain more heat, raising temperatures and altering precipitation patterns. The planet has been changing at an unprecedented rate for at least thousands of years due to human activities. These changes are having an impact on every part of the globe. While some changes will be irreversible for millennia, others can be slowed or reversed by reducing greenhouse gas emissions dramatically, rapidly, and consistently. We all know that we cannot control or influence every person's behaviour towards the environment, but I believe the least we can do is take the initiative instead of relying on or waiting for someone else to act on the contrary.

In my opinion, to make a change in this world, we will always have to first start with ourselves. Excuses, like there is no way to decrease global warming, are just exasperation. The little things are what count and make up the change. We can always use Fluorescent Light Bulbs, which barely consume 25% energy and hybrid cars, which will not produce harmful gases for the environment. We all have the internet, and we are very capable of bringing change to the world. Let us become literate, turn down those plastic bags, and become more aware of our surroundings. Industries fully aware of

inadequate activity should be asked to stop or instead focus on the sustainable production of goods and services.



URVASHI CHOUHAN

IBDP YEAR 1

Machines that help save the world instead of ruining it will look more comfortable to both the consumer's eyes and the people around them. I've been wondering why we are constantly criticizing ourselves instead of doing what we are capable of. There is so much more to the clouds in the air, the fact that we can help reduce acid rain and rising sea levels by just sabotaging those waste products by recycling them instead of just throwing them is what the warning is all about.

"Just because no one else can heal or do your inner work for you, doesn't mean you can, should or need to do it alone."

Lisa Olivera



Globally, it is estimated that 1 in 7 adolescents experience mental health conditions, yet these remain primarily unrecognized, accounting for 13% of the global burden in disease for this age group.

Mental health is a state of well-being in which an individual realizes his or her abilities, can cope with the everyday stresses of life, can work productively, and can contribute to his or her community.

Mental illness, also called mental health disorders, refers to a wide range of mental health conditions — disorders that affect your mood, thinking and behaviour. Examples of mental illness include depression, anxiety disorders, schizophrenia, eating disorders and addictive behaviours.

We can get to know if someone is going through mental illness by these symptoms:

- Feeling sad or down
- Confused thinking or reduced ability to concentrate
- Withdrawal from friends and activities
- Significant tiredness, low energy or problems sleeping
- Problems with alcohol or drug use

- Significant changes in eating habits
- Excessive anger, hostility or violence

Moreover, anyone who needs help can ask a doctor or anti-mental illness on social media.

RIDDHI SHARMA

IBDP YEAR 1

"Without patriotism, that is, a sense of responsibility towards the society, a creature is not human, to begin with".



These so-called contemporary issues do not seem to be present-day issues. They have been in our society for so long that now we have adjusted to it and do not pay any attention to them. The oldest contemporary social issue is the issue of discrimination or biases. Over the years, this problem of discrimination has kept shifting its target arenas like caste, gender, colour etc. Reducing inequality strengthens economies and builds a stable, stable society that gives all individuals the opportunity to fulfil their potential. The development will only be sustainable if its benefits accrue equally to both men and women. The word 'gender' is described as the socially constructed roles and responsibilities appropriate for men and women which are constructed by society. Gender inequality refers to the unequal and biased treatment of individuals based on gender.

What is gender equality?

"Gender equality is more than a goal in itself. It is a precondition for meeting the challenge of reducing poverty, promoting sustainable development and building good governance" -Kofi Annan.

Women's empowerment is a critical aspect of achieving gender equality. It includes increasing a woman's sense of self-worth, decision-making power, access to opportunities, etc.

The time to act against the multiple disadvantages women continue to face is now. Some of them are mentioned below-

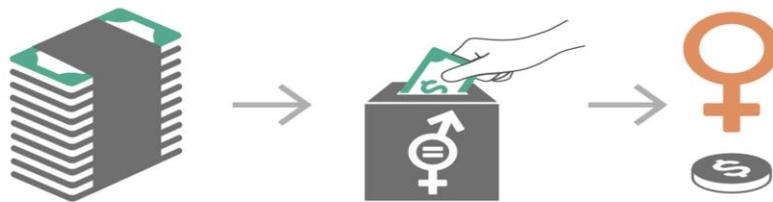
Uneven access to education: Girls' education strengthens the economy and reduces inequality. It contributes to more stable, resilient societies that give all individuals, including boys and men – the chance to fulfil their potential. But education for girls is

about more than access to school. It's also about girls feeling safe in classrooms and supported within the subjects and careers they prefer to pursue, including those in which they are often under-represented.



Organisations fighting gender inequality are under-funded – particularly at the grass roots

Less than five per cent of OECD members' aid budgets go towards projects that explicitly target gender equality and women's empowerment, and of this only 0.5% goes to women's rights organisations. The median income of women's rights organisations is just \$20,000.



Lack of employment equality: Around the world, finding a job for a woman is much more challenging than it's for a man. This problem is particularly marked in Northern Africa and the Arab States, where unemployment rates for women exceed 20%. **Lack of religious freedom-** Women suffer the most when religious freedom is attacked. When there is more religious freedom, an economy becomes more stable thanks to women's participation. **Societal mindsets -** reinforces the traditional view about how women are supposed to contribute at home, and I believe it is holding us back.

Before I conclude, I would like to say this beautiful quote-

"It is the time that we all see gender as a spectrum instead of two sets of opposing ideals." -Emma Watson

Amaya Verma

IBDP Year 1

World Health Day

Every year April 7th is celebrated as World Health Day. To commemorate this day, Sanskar school organized activities where students attended yoga sessions by Dr. Manjula Bhati and shared their views about Healthy Food by decorating healthy meal plates.



Learners participated with great zeal and enthusiasm by practising different yoga poses and took an oath to spread awareness in the community about the importance of good health.

University Career Fair held at Sanskar School

Sanskar School organized a University Fair on its campus, in association with KICUnivAssist, on April 21st 2022 for its students.

The fair involved university admissions representatives from various prestigious universities in the U.S. and U.K., namely, Baylor University, Pepperdine University, Savannah College of Art and Design, University of California, REDI-London, University of Tennessee, Knoxville, and many more. The students were provided with the opportunity to explore studying overseas by getting their queries answered in real-time. They were briefed on essential details related to the admission requirements, scholarships, popular programs, rankings, fee structure etc., of about 60 renowned universities worldwide and were presented brochures for further details.



University Career Fair held at Sanskar School

Sanskar School hosted a University Career Fair on April 28th 2022 wherein University representatives visited the school campus to interact with students from grades 9 to 12.



The list of universities that visited the campus included I.E. University, Spain, Victoria University of Wellington, University of Windsor, Canada, University of Waikato, NZ, Savannah College of Arts and Design, USA, Full Sail University, USA, Ryerson University, USA, St. George's University, Grenada, and Vin University, Vietnam.

The concerned representatives helped the students explore their prospects in their chosen field of education and made them learn about the most appropriate pathways for their future through personal interaction. The students had a first-hand experience of subject options, course guidance, scholarships, admission requirements, etc.

Coffee Painting Workshop

Coffee painting is the art of creating wonderful monochromatic paintings of any object conjured up by the imagination. It is incredible how works like these can be created using a single colour: an ingredient and aroma the world relishes.

Colour box institute organized a coffee painting workshop at Sanskar School on April 30th 2022 for the students of classes 9,10, and 12 to introduce them to this unique art form.



They also conducted a creative aptitude test, and prizes were awarded to students who showed a unique ability in the creative domain.

The students not only actively participated in the workshop but also presented queries that the organizers, with equal enthusiasm, addressed.

Cancer Awareness and Detection Camp

On June 18th, 2022, a Cancer Awareness and Detection Camp was organized at Sanskar School for the teachers and staff.

SMS Hospital and the NGO, Sanjeevani – Life beyond Cancer came together to host the camp for the school. The screening was held for Neck, Cervical, Oral, Breast and Lung Cancer via Mammography and X-Ray facilities. The doctors provided a report to the teachers and staff concerning their results and well-being.



Apart from the above, the doctors asked detailed questions about the lifestyle and went further to inform all about the importance of early detection programs and the necessity to spread awareness about the same.

International Yoga Day

To mark the 8th International Yoga Day, Sanskar School conducted a Yoga Session for its students and teachers on June 21st 2022 at the school campus.

The parents and some students kept themselves connected with the event through Facebook from their homes.

In their address, the principals, Ms Neelam Bhardwaj and Ms Girdhar Kumari, stressed the importance of following Yoga in daily life and motivated everyone present to imbibe and inculcate the habit of following yogic exercise throughout their lives.

The students were introduced to many Yoga Asanas and were told the benefits of each of the introduced and practised Asanas.



Overall, the day started with enthusiasm and ended with great fervour amongst the participants. Much enthusiasm could be seen as many consider Yoga to be a connection of the body, mind and soul. Moreover, Yoga has become a part of everyone's routine for healthy living.



Other side one
one, two, three, and five

Doctors' Day

In order to salute the never-ending spirit of our healthcare providers, Sanskar School celebrated Doctor's Day on July 1st 2022. The day was celebrated to create awareness among the students about the invaluable contribution of healthcare providers toward serving humanity. Doctor's day celebrates the doctors and healthcare workers who have been serving the people by risking their own lives.



Doctors have proved to be the true warriors risking their own lives. Working round-the-clock shifts and putting their health in danger, this day gives a perfect opportunity to salute their work. At Sanskar, we were delighted to invite a few of our doctor parents to enlighten the young minds about various health topics. They had an enriching session in the class wherein the doctors shared their experiences and talked about mental and physical health, the importance of discipline in eating and sleeping routine, dental care, obesity, diabetes and homoeopathy. Students asked their queries, interacted with the doctors, and also asked questions to the doctors. It was a wonderful experience for the students.

It was a wonderful day observed with the spirit of thankfulness and gratitude.

ANOKHI: A Practical Approach to Learning.

With the motive to encourage practical learning and develop the ability to evoke the skill of finding solutions pragmatically, the I.B. students of Sanskar School from class 9 to IBDP Year 2 were taken on a field trip to Anokhi Textile Manufacturing Unit in Jagatpura, Jaipur. As a student who despises rote learning & who is always keen to learn practically, I felt exhilarated to participate in it. My business management mentor gave me the glossary of questions I needed to inquire about, which premised my trip on a business management-related perspective.



The most incredible dimension about field trips is that you get to travel with your classmates or, in my case, seniors too. Since I was a new student, it acted as an ice-breaking moment for me with my seniors and batch mates. We exchanged a lot of insightful conversations, joked a lot, shared snacks and above anything, made memories & friendships for a lifetime.

The renowned clothing and textiles brand "Anokhi" Manufacturing Unit is situated in the serene landmass of Aravalli Hills. The campus was lush green with beautiful gardens comprising various trees and colourful flowers, well architected and maintained, and had a vintage aura.

On campus, all students were divided into two groups; while one group explored and researched with a guide, the other waited patiently in the canteen. I was in the second group, along with my batchmates and seniors. After the first group was done, we were lined up and led by the guide to the central manufacturing unit enthusiastically. There we

were shown the central processes of manufacturing minutely. Despite being surrounded by many students, the guide patiently entertained our queries.

I received answers to all the questions which I was given. To give a brief outline: they imported raw materials like cotton from South India. Raw materials are then sent to Sanganer for printing designs, which were finally manufactured into final goods. They used a mix of Labour- and Capital-Intensive techniques of production. But mostly, production is done by using machines.



I was also interested to know about their human resource management, and here is what I observed and was told: women comprised the majority of workers. Special facilities like the availability of a crutch medical dispensary are provided. They also followed all the guidelines of the Pollution Control Board to produce sustainably. Hence, they recycled rainwater and treated wastewater at the facility itself. They also incorporated primarily natural raw materials and chemicals approved by the Government for production and used solar energy for generating power.

Career Guidance Session

Those who work hard and constantly seek to be visible to their superiors and showcase their hard work are the ones who advance to positions of greater power and responsibility.

A Career Counselling/ Guidance Session was organized at Sanskar School on July 8th 2022, for XI and XII Commerce and Humanities students.



The chief spokesperson of the session, Mr. Gaurav Sharma, an Alumnus IIM Calcutta, was invited to make the students aware of and analyze various career options available to them.

As these students are in their career guiding years, Mr. Gaurav, with an entrepreneurial mindset, explained to them the sea of opportunities in the outer world and also inspired them with a detailed discussion on career options they can choose from Commerce or Humanities. He also emphasized that a career is one of the most significant decisions in one's life, so it should not be governed or taken under parents' compulsion or peer pressure.

The event created awareness and enriched knowledge among the young aspiring minds. An aptitude test was also conducted for the students to enable them to make their vision for the future clearer.

The School Principal, Mrs. Neelam Bhardwaj addressed the students with inspiring and motivational words towards the end of the session.

Career Counselling Session

"Walking on a road without seeing and planning for what is down the road will almost certainly catch you off-guard and may turn out to be a harsh blow, sometimes or other."



A Career Counselling Session from Ashoka University was conducted at Sanskar School on July 18th 2022, for the students of XI-XII Commerce, Humanities and IBDP Yr 1 and 2.

Ms. Rangoli Dhingra, Academic Counsellor, Ashoka University was the primary mentor in the session.

- She helped the students understand liberal and integrated education and made them aware of the Undergraduate Program Degree offered by the university with the Foundation Courses along with Majors/Minors.
- She also emphasized on critical thinking by students and that they should start asking and answering questions all by themselves to broaden their vision for the future.

Also, some students presented their queries that Ms. Rangoli addressed with enthusiasm.

Career Counselling Session

A Career counselling session was conducted at Sanskar School on July 19th, 2022, by Mr. Pawan Solanki of Global Reach.

- He addressed the students of Grade 12, helping them obtain scholarships from the Government and universities abroad.
- He explored and discussed various new and upcoming career options that students might not be aware of.
- Mr. Solanki mentioned that he would conduct free sessions for them and offered a free psychometric assessment to help them choose what path might be best suited to the student's needs.



Students were invited to interact with university representatives worldwide at The Marriott Hotel on August 9th, 2022.

The session was both interactive and informative.

CAS: Yoga Session

We at IBDP strongly believe in the holistic development of body, mind and soul, keeping in mind Yoga has been started as a routine of our IBDP Year 1 & 2 students under CAS activity.



Yoga has various advantages, especially for students. It helps them to focus, provides strength and brings the balance of mind, body and breathing process.

Every day a 20 min session at the beginning of the day is held where we focus on our body balance, and very basic and easy assans our taught to build flexibility and stamina, eventually releasing their stress. Thus, teaching our ancient science by practising and learning.

!! O.M!!

Mansi Shekhawat

CAS & EE COORDINATOR

IBDP ECO FACULTY

Investiture Ceremony

The Investiture Ceremony of Sanskar School, for the academic session 2022-23, was held on Tuesday, July 26th, in the School Auditorium with a high degree of passion, earnestness, and fervour.



The Investiture Ceremony is a solemn occasion wherein all the young students are well prepared to don the mantle of leadership and responsibility while carrying it out with utmost dedication.

In keeping with the momentous occasion, the students marched to the stage in sync with the drum beats that replicated the aura of the ceremony.

The event concluded with the school song with the flags held high and heads standing tall.

Will be back soon.....

Designed by Mr. Manish Kedawat

*Heartiest
congratulations to the
students of IB Diploma
programme for their
outstanding results this
year*

IBDP Toppers!



Aarushi Verma



Aanya Chandra



Kunal Soni



Shrey Soral



Jyotirmay Singh Rathore